



Happiness Your 7 Mind Powers: How to Realize Your Inner Power, Believe It, Accept It, Take Ownership and Use It to Achieve Happiness. (Paperback)

By Paola Lujan

Diaz Productions LLC, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.If you are looking for a book that can help you to make a change for 2015, this is the book. HAPPINESS, YOUR 7 MIND POWERS can be the guide you have been searching for to turn it all toward success, joy, and personal freedom. This is the first book of the series Happiness, written by Paola Lujan. The book is the result of her tireless search for how to mitigate human suffering. She explains how and why this suffering is unnecessary. In this book, she teaches step by step how to attain happiness amid life's many challenges. In this book we learn: What is happiness? Why chasing happiness is ineffective. What all humans are seeking, and how it can be obtained. Why we think somebody else will make us happy. Analysis and understanding of our society in the last 4 generations and how that influences our mindset. Why others do not see the world as you see it. The wonder of uniqueness and purpose for every single person. Treasures within the mind. How to...



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