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Aceptacion Vivir en paz En la zona Spanish Edition

By Julio Bevione

Editorial Pax Mexico. Paperback. Book Condition: New. Paperback. 96 pages. Dimensions: 8.1in. x 5.5in. x 0.2in. In this inspiring guide, Julio Bevione proposes that the secret to a foundational, lasting peace is a conscious acceptance of what is currently happening. The key to this is a connection with the inner spirit, which doesn't recognize fear as a paralyzing emotion on the road to peace and promotes love: a love of self, of others, and of the present moment. The counterpoint of this self-knowledge, of the revelation of the true self, is ego, which the book describes as a constant process of discovery of what one is not. For readers struggling with the frustration of an existence marked at every turn by the influence of the ego, this spiritual handbook offers a different path. En esta guía inspirante, Julio Bevione propone que el secreto para una paz fundacional y duradera es una aceptación consciente de lo que pasa en el momento actual. La clave para esto es una conexión con el espíritu interior, el cual no reconoce el miedo como un sentimiento paralizante en el camino a la paz y promueve el amor: un amor del yo, de los otros y del momento presente. El contrapunto de este autoconocimiento,...



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